

NEWSLETTER

April 8, 2022

HEALTH CONTEST WINNERS

Thank you for participating in the weekly health contests. The following winners have been chosen from the draw:

YIA: Judy Zhao

Staff: Mr. Choi and Mr. Van Santen

Congratulations to the winners! Ms. Christa Wilton will give out a restaurant gift card to the winners early next week. We look forward to next year's health contests and more people participating in them!



LIBRARY UPDATES

Accelerated Reader (AR) has informed the school that its website address has changed to <https://hosted708.renlearn.cn/7147632>. Your child's login information remains the same.

We would also like to remind you about [library resources](#). We hope that students make the most out of the resources. If you have any questions, please contact Ms. Anna Li, Librarian, at library@yhischina.com.

TRAVEL OUTSIDE OF YANTAI

If your student or household member needs to travel outside of Yantai, please inform the national advisory teacher. This information would help the school follow up with families if needed.

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Lunch Menu

		Monday	Tuesday	Wednesday	Thursday	Friday
1 Choose one	Chinese	Braised Pork Meat Balls	Stewed Pork Backbone in Sauce	Sweet and Sour Pork	Laurel Leaves Chicken Pieces	Stewed Beef with Potatoes
	Western	Spaghetti Bolognese *	Hawaiian Pizza	Italian Roasted Pork Neck	Minced Beef Patties	Sandwich *
	Korean	Bacon with Potato Pieces	Stir-fried Beef with Vegetables	Tuna Rice Ball #	Braised Pork with Quail Eggs ^	Sweet and Spicy Chicken Pieces
2 Choose one	Meat 1	Kongpao Chicken	Shredded Pork with Garlic Sauce	SiChuan Flavor Duck Leg	Stir-fried Pork Slices with Garlic	Stir-fried Pork Slices with Scrambled Eggs and mushroom
	Meat 2	Stir-fried Parsley with Egg	Korean Style Braised Chicken Pieces	Korean Style Fried Fish Cake with Rice Cake *	Korean Style Stewed Meat Ball	Korean Style Stir-fried Onion with Beef
3 Choose two	Vegetable 1	Stir-fried Potato, Green Pepper, and Eggplant	Stewed Tofu with Cabbage	Smashed Tofu with Vegetables	Stir-fried Bok Choy	Stir-fried Potato with Green Bean
	Vegetable 2	Stir-fried Broccoli	Stir-fried Fish Cake with Vegetables #	Galic Seasoned Spinach	Egg Roll with Vegetables ^	Stir-fried Broccoli
	Vegetable 3	Stir-fried Mushroom with Black Pepper	Stir-fried Broccoli	Stir-fried Culiflower and Carrot	Stir-fried Vegetables	French Fries
4 Choose one	Soup 1	Mixed Nuts Porridge *	Millet Porridge *	Egg Seaweed Soup ^	Corn Porridge *	Black Rice Porridge
	Soup 2	Fresh Vegetable Soup	Pumpkin Cream Soup &	Bean Sprout Soup	Kimchi Soup	Beef Seaweed Soup
5	Fruits	3 Seasonal Fruits				
	Grain/ Appetizer	Black Rice, Steamed Buns *	Millet Rice, Steamed Buns *	Oats Rice, Steamed Buns *	Black Rice, Steamed Buns *	Millet Rice, steamed buns *
Dessert (Western/Korean)		Marble Cake ^	Muffin Cake ^	Tiger Cake ^	Chive Pork Floss Roll ^	Mini Egg Tart ^

Allergies:

*Wheat

#Seafood

&Dairy

^Eggs

@Nuts



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